

## Concentration in Adapted Physical Education (APE)

12 Credit Hours

### Theory and Leadership: (4 credit hours) – Prerequisite: PED 356

PED 447	Adapted Physical Activity and Individual Differences	3 cr. hr.
PED 444	Lab Assistant – Adapted Physical Education – with below labs  One of the following labs:  Monday 12:40 – 1:40 p.m. Friday 12:40 – 1:40 p.m. Tuesday 3:30 – 5:30 p.m. Thursday 3:30 – 5:30 p.m. Tuesday 6:00 – 7:00 p.m. Tuesday 7:00 – 8:00 p.m.	1 cr. hr.

### Activity: (2 credit hours) – choose 2

PED 302	Disability Sports and Games – Spring (4 <sup>th</sup> quarter)	1 cr. hr.
PED 303	Fitness Across Lifespan and Disability – Spring (3 <sup>rd</sup> quarter)	1 cr. hr.
PED 305	Dance and Individuals with Disabilities – Fall (2 <sup>nd</sup> quarter)	1 cr. hr.
PED 306	Adapted Aquatics	1 cr. hr.
PED 307	Introduction to Inclusive Outdoor Education – Fall	1 cr. hr.

### Recommended Electives: minimum of 6 credit hours

ASL 101	American Sign Language	3 cr. hr.
PED 499	Special Study in Physical Education – Project LEAPE	1-3 cr. hr.
PSY 331	Psychology of Children with Exceptionalities	3 cr. hr.
PSY 431	Psychology of Intellectual Disabilities and Autism	3 cr. hr.
PSY 432	Psychology of Learning Disabilities	3 cr. hr.
PSY 433	Behavioral Disorders in Educational Settings	3 cr. hr.
REC 330	Introduction to Therapeutic Recreation	3 cr. hr.
REC 293	Diversity and Inclusive Recreation Services	3 cr. hr.
SPE 270	Introduction to Special Education	3 cr. hr.
SPM 450	Disability and Sport	3 cr. hr.

**12 total credit hours required for concentration**

## Emphasis in Adapted Physical Education (APE)

6 Credit Hours (minimum)

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PED 306	Adapted Aquatics	1 cr. hr.
PED 307	Introduction to Inclusive Outdoor Education – Fall	1 cr. hr.
PED 499	Special Study in Physical Education	1-2 cr. hr.